Shore dive emergency plan

DIVEFOLK.COM

Fill this in for your own site **before** your dive day. Go over it with your buddy or group, and keep a copy in your gear bag.

Dive site and street address (to give 911)

Date

Group leader

Emergency: call 911 first (or the local emergency number). **Then call the DAN Emergency Hotline: +1-919-684-9111** (24 hours, collect calls accepted).

Know before you dive

Nearest hospital: name, address and drive time

Site office phone

Where phones have signal

Emergency oxygen kit is at

First aid kit is at

AED (defibrillator) is at

Nearest landline

People in our group trained in rescue, first aid, CPR or oxygen

If something goes wrong (follow your training)

1. Make sure it's safe for you. Don't become a second person who needs help.
2. Get the diver to the surface and out of the water.
3. Check if they respond and are breathing. Start CPR if needed and you're trained.
4. Call 911. Give the site address and what happened.
5. Give emergency oxygen if it's available and someone is trained to use it.
6. Call DAN at +1-919-684-9111 after calling 911.
7. Keep the diver's dive computer and gear with them. Write down dive times, depths and gas.
8. Write down what happened and when, while you remember it.

Practice

- [ ] We read this plan together before diving
- [ ] We know where the oxygen, first aid kit and AED are
- [ ] Everyone has the site address in their phone

This template doesn't replace Rescue Diver, first aid, CPR or oxygen training, or the site's or dive shop's own emergency plan. Emergency numbers: DAN, dan.org/health-medicine/emergency-assistance. Free from DiveFolk, divefolk.com. Checked November 27, 2026. Spot a mistake? hello@divefolk.com